PHYSICAL EDUCATION - PHYSICAL ACTIVITY IN EDUCATIONAL SETTINGS CONCENTRATION (B.S.)

Students who complete any of the concentrations in this major will have a broad background in the theories and applications of physical education. Students will be well-positioned to apply for graduate studies in related field or get a variety of fitness-oriented jobs working in educational and community settings. Because the General Education, Department Core and Activity Requirements are the same in all concentrations, students can easily move from one concentration to another.

Concentration in Physical Activity in Educational Settings

The concentration in Physical Activity in Educational Settings is offered as another alternative for students who are not seeking teacher certification in Health and Physical Education.

This concentration contains all elements of the Teacher Certification program, without the teacher education sequence. It provides students with a core of physical education and health courses and required general education courses for students interested in applying to Teaching Certification in Physical Education and Health.

Students who complete this program/concentration will have a broad background in the theories and applications of physical education. Students will be well-positioned to apply for graduate studies in a related field or a variety of fitness-oriented / service-oriented jobs working in educational and community settings.

Students entering the B.S. in Physical Education major are automatically enrolled in the Physical Activity in Educational Settings concentration. From here, students can switch to the Teacher Certification in Health and Physical Education program.

Program Requirements Overview

Code	Title	Credits
General Education Requirements		27
World Languages and Cultures Requirements		3
Major Requirements		54
Pre-Professional Sequence		6
Free Electives		30
Total Credits		**120**

Major Requirements

Code	Title	Credits
Required Theory Courses		
HLTH 208	Study of Human Diseases	3
HLTH 215	Drug Education in the Schools	3
HLTH 222	Mental Health in the Schools	3
HLTH 295	Sexuality Education in the Schools	3
HPEM 199	Freshman Seminar in Health and Physical Education	1
HPEM 352	Development and Philosophy of Health and Physical Education	3
HPEM 356	Management of Health, Physical Education, Athletics and Fitness Programs	3
HPEM 455	Assessment and Technology in Health and Physical Education	3
PEMJ 320	Physiology of Exercise	4
PEMJ 321	Kinesiology	3
PEMJ 324	Basic Motor Learning	3
PEMJ 351	Adapted Physical Education	3
Required Skills Courses		
PEMJ 131	Fitness Activities	3
PEMJ 152	Introduction to Fielding and Target Games	3
PEMJ 153	Introduction to Invasion and Net Games	3
PEMJ 235	Movement Experiences in Physical Education	3
PEMJ 335	Teaching of Elementary Physical Education	3
Collateral Courses		
BIOL 110	The Biology of Human Life	4
Total Credits		**54**

Pre-Professional Sequence

Code	Title	Credits
EDFD 200	Psychological Foundations of Education	3
SASE 210	Public Purposes of Education: Democracy and Schooling	3
Total Credits		**6**

General Education Requirements

Click here for a list of courses that fulfill General Education categories. (http://catalog.montclair.edu/programs/general-education-requirements-ba-bs/)

Code	Title	Credits
A. New Student Seminar		
HPEM 199	Freshman Seminar in Health and Physical Education (Fulfilled in the major.)	
C. Communication		
1. Writing		
WRIT 105	College Writing I	3
2. Literature		
WRIT 106	College Writing II	3
3. Communication		
CMST 101	Fundamentals of Speech: Communication Requirement	3
F. Humanities		
1. Great Works and Their Influences		*3*
2. Philosophical and Religious Perspectives		*3*
G. Computer Science		
Complete a 3 credit Computer Science course.		3
H. Mathematics		
STAT 103	The Development of Statistics	3
or MATH 104	Fractals and Infinity	

or MATH 106	Creative Thinking through Mathematics	
or STAT 109	Statistics	
or STAT 110	Statistics for the Biological Sciences	
I. Natural Science Laboratory		
BIOL 244	Anatomy and Physiology I (Fulfilled in the major.)	
K. Social Science		
1. American and European History		*3*
2. Global Cultural Perspectives		*3*
3. Social Science Perspectives		
Fulfilled in the Teacher Education sequence.		
EDFD 200	Psychological Foundations of Education	
L. Interdisciplinary Studies		
Fulfilled in the major or in the Teacher Education sequence.		
HLTH 295	Sexuality Education in the Schools	
or SASE 210	Public Purposes of Education: Democracy and Schooling	
Total Credits		**27**

World Languages and Cultures Requirements

Click here for a list of courses that fulfill World Languages and Cultures categories. (http://catalog.montclair.edu/programs/world-languages-and-cultures-requirements/)

Code	Title	Credits
World Languages		
Based on placement exam complete one World Language course.		3
Total Credits		**3**

Recommended Roadmap to Degree Completion

This four-year plan is provided as an outline for students to follow in order to complete their degree requirements within four years. This plan is a recommendation and students should only use it in consultation with their academic advisor.

First Year

Fall	Credits	Spring	Credits
GENERAL EDUCATION: (A) New Student Seminar	1	GENERAL EDUCATION: (C2) Literature	3
GENERAL EDUCATION: (C1) Writing	3	MATH 104, 106, STAT 103, or STAT 109	3
GENERAL EDUCATION: (F1) Humanities – Great Works and Their Influences	3	EDFD 200	3
World Language 1	3	HLTH 295	3
BIOL 244	4	PEMJ 152	3
PEMJ 131	3		
	17		**15**

Second Year

Fall	Credits	Spring	Credits
CMST 101	3	CSIT 100	3
GENERAL EDUCATION: (F2) Humanities – Philosophical and Religious Perspectives	3	HLTH 222	3
GENERAL EDUCATION: (K1) Social Science – American and European History	3	HPEM 352	3
PEMJ 153	3	PEMJ 320	4
PEMJ 235	3	SASE 210	3
	15		**16**

Third Year

Fall	Credits	Spring	Credits
GENERAL EDUCATION: (K2) Social Science – Global Cultural Perspectives (choose a course that also fulfills the World Cultures requirement)	3	HLTH 208	3
HPEM 356	3	HLTH 215	3
PEMJ 321	3	HPEM 455	3
PEMJ 335	3	PEMJ 324	3
PEMJ 351	3		
	15		**12**

Fourth Year

Fall	Credits	Spring	Credits
Free Elective or Suggested Course	3	Free Elective or Suggested Course	3
Free Elective or Suggested Course	3	Free Elective	3
Free Elective or Suggested Course	3	Free Elective	3
Free Elective or Suggested Course	3	Free Elective	3
Free Elective or Suggested Course	3	Free Elective	3
	15		**15**

Total Credits 120

Suggested Courses:

Code	Title	Credits
HPEM 150	Principles and Practice of Emergency Care	3
PEGN 230	Personalized Fitness	3
PEMJ 226	Coaching Principles and Problems	3
PEMJ 227	Social Problems in Sports	3
PEMJ 353	Psychology of Sport	3